

Botanical Tales of the Pacific Crest Trail

with Matt Berger

Part 5: Washington's Cascades



Plants listed in order of appearance

Pacific Poison Oak	
<i>(Toxicodendron diversilobum)</i>	
Maidenhair Spleenwort	
<i>(Asplenium trichomanes)</i>	
Western Maidenhair Fern	
<i>(Adiantum aleuticum)</i>	
Ghost Pipes	
<i>(Monotropa uniflora)</i>	
Western Rattlesnakeroot	
<i>(Nabalus alatus)</i>	
Oregon Campion	
<i>(Silene oregana)</i>	
Green False Hellebore	
<i>(Veratrum viride)</i>	
Black Alpine Sedge	
<i>(Carex nigricans)</i>	
Kellogg's Sedge	
<i>(Carex kelloggii)</i>	
Nootka Cypress	
<i>(Cupressus nootkatensis)</i>	
<i>Rainiera stricta</i>	
Littleleaf Silverback	
<i>(Luina hypoleuca)</i>	

Silver-Crown	
<i>(Cacaliopsis nardosmia)</i>	
American Saw-Wort	
<i>(Saussurea americana)</i>	
Yellow Willowherb	
<i>(Epilobium luteum)</i>	
American Bistort	
<i>(Bistorta bistortoides)</i>	
Lewis' Monkeyflower	
<i>(Erythranthe lewisii)</i>	
Harebell	
<i>(Campanula rotundifolia)</i>	
Davidson's Beardtongue	
<i>(Penstemon davidsonii)</i>	
Silky Phacelia	
<i>(Phacelia sericea)</i>	
Matte Saxifrage	
<i>(Saxifraga bronchialis)</i>	
Lyall's Tonestus	
<i>(Tonestus lyallii)</i>	
Sierran Cushion Wild Buckwheat	
<i>(Eriogonum ovalifolium var. nivale)</i>	
Parry's Champion	
<i>(Silene parryi)</i>	
Cliff Beardtongue	
<i>(Penstemon rupicola)</i>	
Tufted Saxifrage	
<i>(Saxifraga cespitosa)</i>	

Gordon's Mousetail	
<i>(Ivesia gordonii)</i>	
Alpine Yellow Fleabane	
<i>(Erigeron aureus)</i>	
Fringed Grass of Parnassus	
<i>(Parnassia fimbriata)</i>	
Lace Lip Fern	
<i>(Myriopteris gracillima)</i>	
Common Eyebright	
<i>(Euphrasia nemorosa)</i>	
Ducksbill Lousewort	
<i>(Pedicularis ornithorhynchus)</i>	
Mountain Coyote Mint	
<i>(Monardella odoratissima)</i>	
Crisp Starwort	
<i>(Stellaria crispa)</i>	
Northern Holly Fern	
<i>(Polystichum lonchitis)</i>	
Pacific Oak Fern	
<i>(Gymnocarpium disjunctum)</i>	
Heartleaf Twayblade	
<i>(Listera cordata)</i>	
Purple Foxglove	
<i>(Digitalis purpurea)</i>	
Irregular Polypody	
<i>(Polypodium amorphum)</i>	
Columbian Lewisia	
<i>(Lewisia columbiana)</i>	

Parry's Rush	
<i>(Juncus parryi)</i>	
Western Ladyfern	
<i>(Athyrium filix-femina ssp. cyclosorum)</i>	
Pacific Yew	
<i>(Taxus brevifolia)</i>	
Anderson's Holly Fern	
<i>(Polystichum andersonii)</i>	
Horned Butterwort	
<i>(Pinguicula macroceras)</i>	
Pink Mountainheath	
<i>(Phyllodoce empetriformis)</i>	
Western Moss-Heather	
<i>(Cassiope mertensiana)</i>	
Dwarf Fireweed	
<i>(Chamaenerion latifolium)</i>	
Five-leaf Dwarf Bramble	
<i>(Rubus pedatus)</i>	
Bearberry	
<i>(Arctostaphylos uva-ursi)</i>	
Common Bracken	
<i>(Pteridium aquilinum)</i>	
Devil's Club	
<i>(Oplopanax horridus)</i>	
Leathery Grapefern	
<i>(Sceptridium multifidum)</i>	
Douglas Fir	
<i>(Pseudotsuga menziesii)</i>	

Subalpine Larch	
<i>(Larix lyallii)</i>	
Rocky Mountain Spikemoss	
<i>(Selaginella densa var. scopulorum)</i>	
Elmer's Ragwort	
<i>(Senecio elmeri)</i>	
Leiberg's Fleabane	
<i>(Erigeron leibergii)</i>	
Western Single-spiked Sedge	
<i>(Carex scirpoidea var. pseudoscirpoidea)</i>	
Sulphur-flower Buckwheat	
<i>(Eriogonum umbellatum var. majus)</i>	